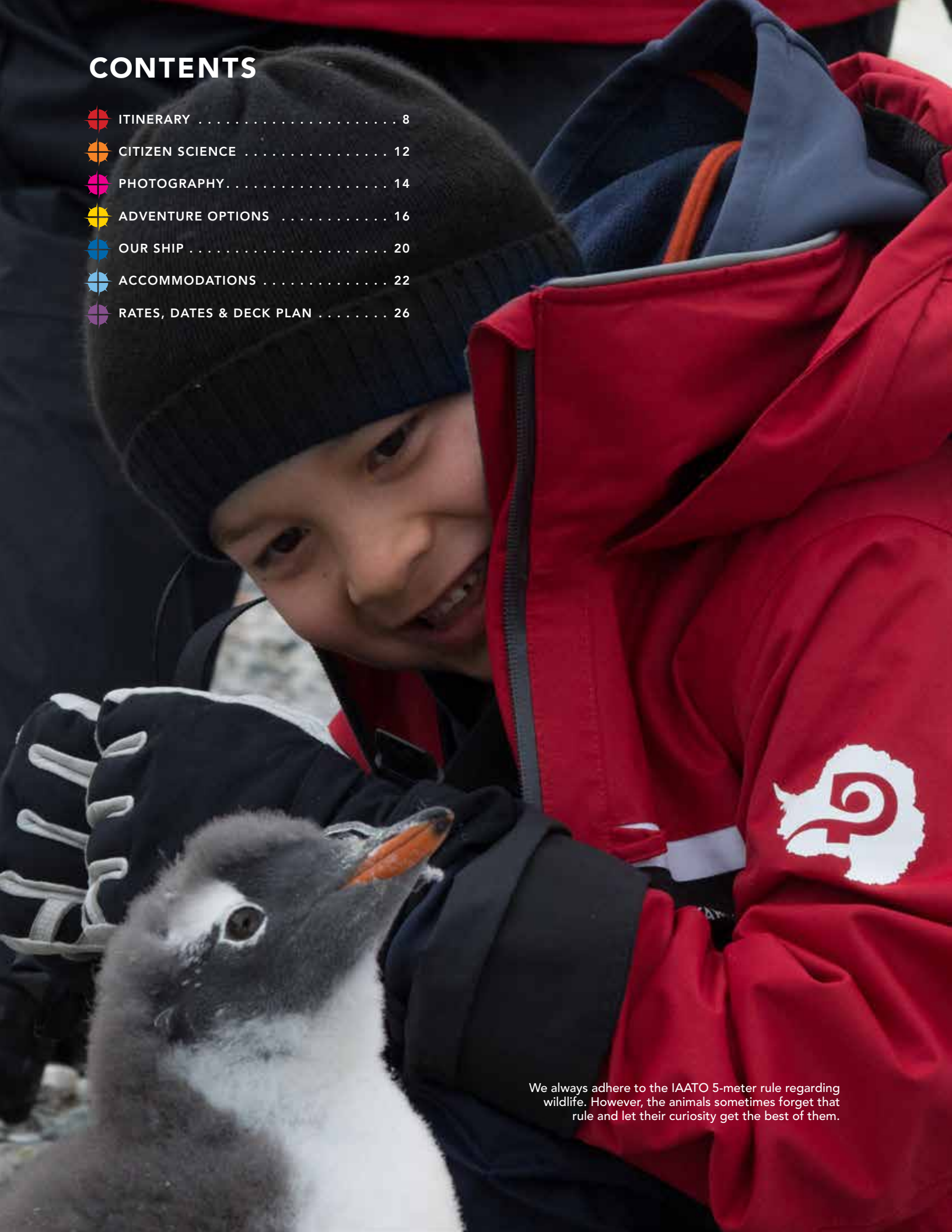


# EXPLORING ANTARCTICA

with Cattara  
aboard the MS Seaventure

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We always adhere to the IAATO 5-meter rule regarding wildlife. However, the animals sometimes forget that rule and let their curiosity get the best of them.



## The industry is changing, but we promise to stay the same.

We started this company in 2010, born of a long-standing love for exploring this incredible continent, and a desire to pass that love on to as many people as possible. 11 years and many thousands of travelers later, our deep Antarctic experience has taught us a lot, and all the benefits of that experience are passed along to everyone who joins us. We like to say that on a Polar Latitudes voyage, we are all explorers. And at the end of each journey, our fellow explorers often comment that they felt like a part of the “Polar Latitudes family.” I like that.

We know that we are currently living in a time of uncertainty, but we remain steadfast in our long-term optimism, even in the face of some hard-to-miss changes taking place. 2021 will see a number of new ships coming into Antarctic waters, with an increased focus on amenities and on-board entertainment. To each his own, as they say. For us, the main attraction has always been making an up-close and personal connection with the last wild place on earth. And everything we do, on board and off, we do to enhance (not distract from) that experience. I assure you that will never change.

The feature we’re most proud of? Our many decades of collective experience traveling to this unique — and uniquely challenging — part of the world. No amenity can replace the value in that.

To this day, we remain founder-owned and run, and focused on delivering a boutique luxury experience for people who want a more immersive Antarctic journey. Every time out, watching our guests’ eyes light up makes it brand new for all of us, again and again. That’s another thing I’m pretty sure will never change.

John McKeon  
President and Founding Partner, Polar Latitudes





## We are all explorers

From the moment we are born, we are born to explore — devouring the incredible world around us, seeing, touching, feeling ... looking for any and every way to indulge our boundless curiosity. Adulthood and the distractions of modern life sometimes have a way of making us forget that.

Antarctica has a way of making us remember.

At Polar Latitudes, everything we do, we do with a spirit of exploration in our hearts, and with Antarctica front and center in our minds. When you journey with us into this wild and untamed place, you become more than a traveler; you become, once again, an explorer — in every sense of the word. We deliver a small ship experience that offers a more close-up, personal and at times life-changing engagement with the land and wildlife around us. We embrace a spirit of improvisation and childlike wonder as we seek out unique opportunities, whenever and wherever Antarctica offers them to us. And our expedition team is chosen for their skill and their passion. We believe they are second to none in both.

**Our new ship, Seaventure, emphasizes amenities that enhance and enrich — rather than detract from — the Antarctic experience.** You'll find panoramic views, generous outdoor and shared spaces, and invigorating luxuries like a fitness center and sauna, along with world-class dining and accommodations. What you won't find are the glitzy toys and diversions that some ships are beginning to bring into Antarctic waters. That's by design. On a Polar Latitudes ship, we are all explorers. And what explorers come to Antarctica for, is Antarctica.

Join us on the trip of a lifetime. Indulge the inner explorer in you, as you discover the last wild, unpopulated, undisturbed place on planet Earth. Along the way, you might even discover yourself.



AN ITINERARY FOR EVERY EXPLORER



# Itinerary

## CELEBRATING ANTARCTICA

FEB 6 – FEB 18, 2025

13 DAYS / 10 NIGHTS ON BOARD

USHUAIA TO USHUAIA



Celebrate the best that the Antarctic Peninsula has to offer – from towering icebergs and impressive glaciers to unreal wildlife encounters and fascinating historical sites. Get ready to spend your days blissfully exploring the hidden beauty of the white continent.

### HIGHLIGHTS

- Witness the stunning landscapes and beautiful bays and channels of the Peninsula
- Unforgettable wildlife encounters with numerous species of penguins, whales, seals and seabirds
- Zodiac cruising amongst immense glaciers and enormous icebergs
- Potential stops at active scientific bases and historical sites

### DEPARTURE

- Feb 6 – Feb 18, 2025

#### Day 1, Ushuaia:

No need to stress about missed connections or flight delays as you arrive with plenty of time to unwind and enjoy the beautiful Arakur Resort & Spa or spend time discovering the southernmost city in the world, Ushuaia.

#### Day 2, Ushuaia:

Explore the sights of Ushuaia such as the museums and Argentinean leather markets or continue relaxing at the hotel. Attend the optional evening briefing for the opportunity to ask questions and meet some of your fellow travelers.

#### Day 3, Embarkation:

Spend your morning exploring Ushuaia or unwinding at the resort until our mid-afternoon transfer to the ship. Our Expedition Team and ship staff will greet you on board, followed by a safety and orientation briefing and Captain’s welcome dinner.

#### Day 4-5, Drake Passage:

Join our Polar Experts as they teach you about everything Antarctic, from wildlife to history; participate in our renowned Citizen Science program; or sit back and take in this fabled journey while catching exciting glimpses of wildlife. Grab your binoculars to identify the many seabirds that follow the ship as we cross the Antarctic Convergence into Antarctic waters and noticeably cooler temperatures.

#### Day 6-7, South Shetland Islands:

The volcanic South Shetland Islands offer amazing abundance and beauty, so we’ll hop into our time-tested Zodiac Mark 5’s and spend as much time as possible exploring. Be prepared to marvel up close at nature’s glory!

#### Day 8-10, Antarctica:

Here we’ll explore any number of picturesque bays and famed harbors, maneuvering through majestic channels as we travel the wildlife-rich waters. There are great opportunities to stop at several active scientific bases and historic landing sites as we spot numerous species of penguins, seals, and whales along the rugged coastlines and in the sea.

#### Day 11-12, Drake Passage:

We leave this magical place and make our way north, once again crossing the legendary Drake Passage. We have one last hurrah as we celebrate the conclusion of our expedition with a special slideshow and a final meal together.

#### Day 13, Ushuaia disembarkation:

With huge smiles on weary, content faces, we disembark in the morning, letting you catch a flight to Buenos Aires or stay in Ushuaia for more sights and adventure.







# Our Recent Cattara Voyage



## Polar Latitudes Citizen Science Program

Citizen Science is a way to harness the power of travelers to observe, record, and report on natural phenomena. This is particularly helpful in the Antarctic, where it is challenging to support long-term academic observation teams.

Guests on Polar Latitudes voyages are invited to participate in data-gathering activities that support major research projects. The data we collect contributes to a better understanding of Antarctica's unique ecology and changing climate.

The projects offered may vary slightly by voyage. If you are interested in participating please see the onboard daily bulletin and join the scheduled Citizen Science Introduction Meeting at the start of your voyage. There is no additional cost to participate.

### Polar Latitudes Citizen Science Projects

#### SOUTHERN OCEAN WATER SAMPLING

##### Providing data for the Scripps Institution of Oceanography

We will be measuring the surface water temperature and salinity during sea-days on crossings between Ushuaia and the Peninsula, as well as between South Georgia and the Peninsula for the Scripps Institution of Oceanography. The data we collect contributes to a study of the long-term temperature and salinity trends of the Southern Ocean.

#### CLOUD OBSERVATIONS

##### Providing data for NASA Globe Observer

By observing and recording cloud cover & type timed to NASA satellite fly-overs, we can help scientists understand how surface and air temperature are affected by cloud cover, and how clouds will respond to a changing climate as well.



Water Sampling for the Scripps Institution of Oceanography

## SEABIRD SURVEYS

### Providing data for Stony Brook University

We complete at-sea and on-shore bird surveys for Stony Brook University to study the distribution, population status, and breeding events of birds in the Southern Ocean and along the Antarctic Peninsula.

## MARINE MAMMAL IDENTIFICATION

### Providing data for Happy Whale

We photograph unique identifiable markings on a whale's fluke (tail) and dorsal fin, which allow Happy Whale to non-invasively track whale movements over time. By focusing on whales, we bring attention to the marine ecosystem as a whole and the challenges we face as a global community.

## SALP PROJECT

### Providing data for Alfred Wegener Institute

Salp are free-swimming invertebrates that feed on phytoplankton. We will collect baseline data of Salp

distribution around our landing sites and also collect a few specimens for genetic species determination. There has been a recent increase in Salp abundance on a circumpolar scale around Antarctica. The data we collect will help scientists of the Alfred Wegener Institute explore how this might be linked to a changing climate.

## FJORDPHYTO – PHYTOPLANKTON

### Providing data for the Scripps Institution of Oceanography

By collecting phytoplankton samples in fjord systems along the Antarctic Peninsula, we help scientists at the Scripps Institution of Oceanography obtain a seasonal picture of phytoplankton abundance, composition and distribution throughout the growth season (from October to March), as well as how phytoplankton are influenced by (increasing) melt-water inflow from glaciers.



Photographing whale flukes for Happy Whale





## Take your photography to the next level.

A professional coach for every camera and skill level.

Shooting photographs in Antarctica is a unique privilege ... and also a unique challenge. The weather and lighting conditions can change dramatically in a matter of minutes, and an incredible opportunity can present itself at any moment. When you do capture that unexpected wildlife encounter, or the spectacular Antarctic landscape just as the sun is setting ablaze, you've preserved a moment on earth that few people will ever get to see — unless they're lucky enough to follow you on Instagram.

Our professional photography coaches are here to help you make the most of every photo opportunity, whether you're a fully equipped landscape photographer or someone armed only with a cellphone camera and an unlimited love of nature and beautiful imagery. From basic instruction, to the best way to shoot from a moving zodiac, to the complexities of handling the very tricky relationship between snow, ice and Antarctica's ever-shifting light, our coaches have mastered every kind of situation this environment and its inhabitants can place in your lens' path. They'll show you how to make the most of every opportunity.

Regular presentations and briefings will help you better understand your camera, learn a few tricks of the trade, and better master the day's unpredictable weather and environment. Your coach is with you in the field — sometimes accompanying you in a Zodiac, with you on

a shore landing, or sitting at the table next to you at dinner, ready and willing to answer any question, or pass along an inside tip earned through years of experience in Antarctic waters. Don't hesitate to ask!

At the end of each trip, passengers are invited to submit photos to our on-board photo contest. Finalists are selected by our photography coach, and winners chosen by the cheers, "oohs" and "aahs" of fellow passengers at a festive event in our lounge. "Best in Show" photo earns its creator a \$100 commission and a prominent place on our website.

The photography coach is also our trip's documentary photographer, capturing the expedition's many highlights, which are shared at an event at the end of your voyage, and given to each passenger as a valued keepsake.

### **More about our photography coaches.**

Our coaches are experienced professionals with a wide range of specialties and skills. While their backgrounds vary, their passion for the outdoors and Antarctica in particular is a common thread they share. They are deeply knowledgeable of cameras and film equipment of every kind, and take great joy in sharing their knowledge with photographers of every level of experience.

# Adventure Options

Enrich Your Experience, Glide Amongst the Icebergs, Sleep Under the Stars.

## Kayaking

To experience Antarctica up close and personal, there's really no better seat than the one in your kayak, just inches above the water, navigating among icebergs and glacial ice dating back 30,000 years.

Gliding through an otherworldly landscape with a small team, led by our expert guides and occasionally joined by a family of playful penguins or seals, this is about as intimate and magical as it gets.

### The Details:

Anyone 16 or older, in reasonably good health and with even a small amount of paddling experience is welcome to join.

Prior to your first kayaking adventure, our guides will do a thorough job of handing out and explaining all your gear, as well as the basic rules of operating an ocean kayak.

Typical excursions last anywhere from 1-3 hours.

### We Provide:

High Density Polyethylene (HDPE) tandem (two-man) kayaks with paddles, dry suits, personal floatation devices (PFDs), and pogies (neoprene gloves.)

### You Provide:

Guests pre-booked on both of our kayak programs should read and follow the detailed preparation notes sent prior to departure. Make sure to bring warm layers and a keen sense of adventure!



We offer two distinct kayaking experiences:

### Immersize Kayaking – \$895 (limit 10 participants)

This program is designed for those more experienced guests who want to kayak as much as possible during their voyage. Immersive Kayaking is limited to 10 participants, with a dedicated kayak guide and safety Zodiac. Immersive paddlers will have the opportunity to kayak during most excursions and landings, weather and conditions permitting.

### Discover Kayaking – \$250 (limit 42 participants)

This program is designed for those guests who just want a taste of the Antarctic kayaking experience. **Each participant kayaks once per voyage** in a group of 14 with a dedicated guide team and safety Zodiac. Total number of available kayaking spots on each departure will vary by itinerary length and weather, but we aim to get groups on the water at every opportunity.



## Camping

### \$295 per person

After a full day and delicious dinner onboard, jump back in the Zodiacs and head ashore for a night of camping in Antarctica! Enjoy the sounds of the waves and brash ice on the beach, the creaking of the glaciers, maybe even the blow of a passing whale. Warm and cozy in your sleeping bag under the midnight sun, you will be breathing the cleanest air in the most beautiful place on the planet.

### Who Can Participate?

Guests aged 12 and older with an adventurous spirit and a willingness to rough-it for a night. Sleeping on the ice in Antarctica is the ultimate camping experience!

[Click here](#) for more info.

### How Often Will We Camp?

Camping is limited to one night per voyage and is available on Peninsula and Circle Crossing Voyages.

### Is There A Participant Limit?

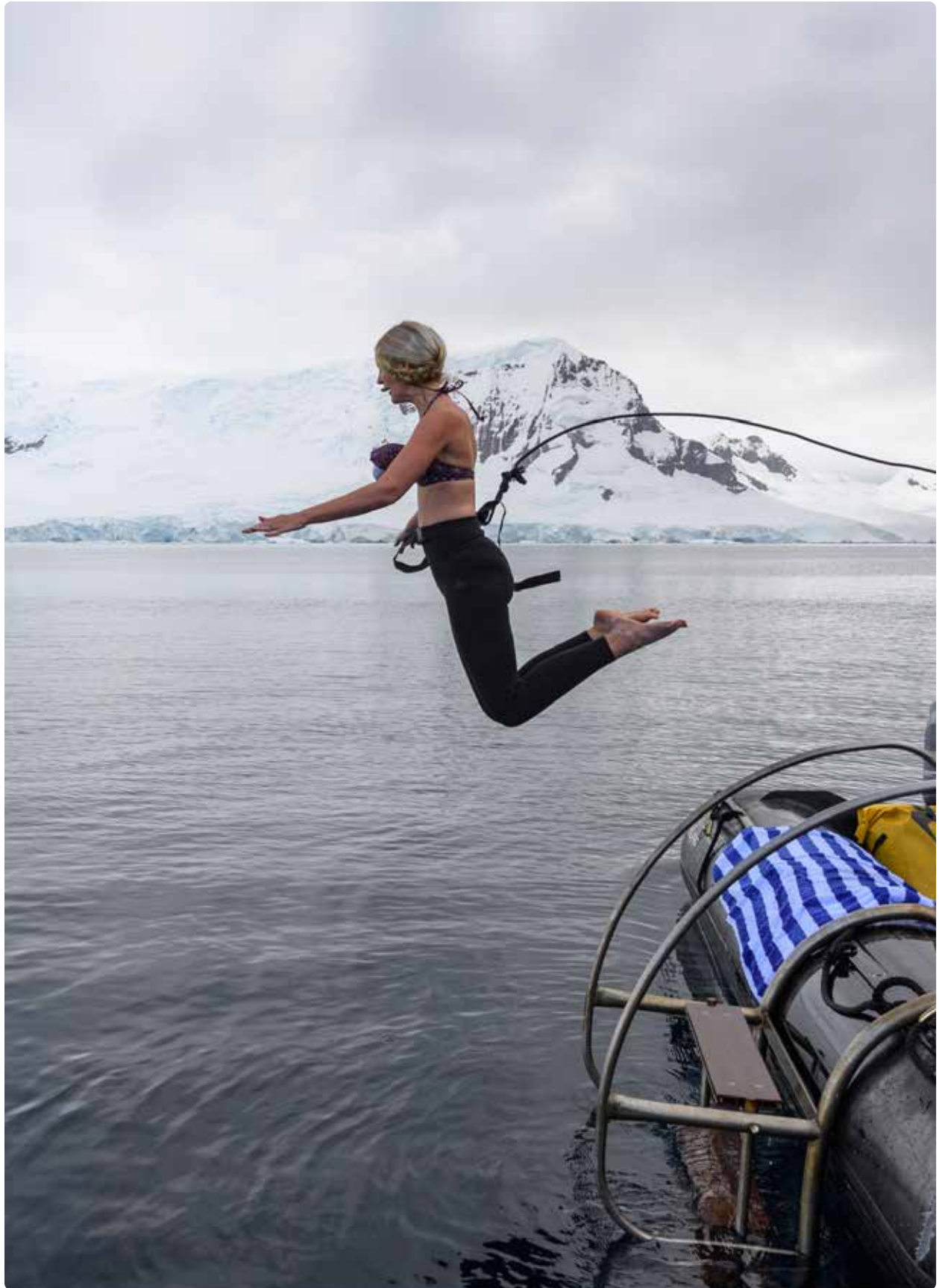
We can accommodate 50 participants per voyage. Sign up early — the camping option frequently sells out.

### What Do Passengers Need To Supply?

A sense of adventure is all you need.







## Introducing the MS Seaventure

Enhanced Features for a Better Small Ship Experience

MS Seaventure features a **1-A Super ice class rating** — the highest ice class awarded to passenger vessels. She can explore places that ships with a lesser ice class simply can't.

The ship also offers a host of new amenities, including a sauna, fitness center, and custom-built citizen science lab. **Increased storage space** allows us to carry more adventure equipment, permitting more of our guests to participate in activities like kayaking and camping.

Large beautifully appointed common areas let guests spread out and relax, and the addition of a second kitchen offers more dining options, including al fresco dining when weather permits.

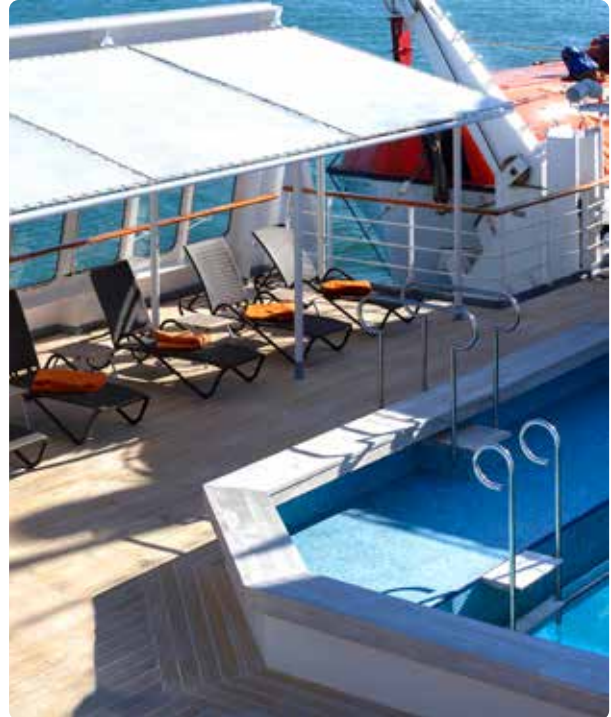
Come explore with us in comfort & style!



# Impeccable Amenities

## SERVICES

- Complimentary beer, wine and soft drinks with lunch and dinner
- Complimentary 200 MB of Internet Access for your Personal Device
- Certified Emergency Physician and Clinic
- World Class Cuisine and Live Music on board
- Voyage Photo Coach
- Dedicated Passenger Service Manager
- Complimentary Expedition Jacket



## SHIP FACILITIES

- Two Elevators serving all passenger decks
- Free Internet on Computers in the Library
- Fitness Center and Sauna
- Lounge with AV Facilities
- Citizen Science Laboratory
- 24 hour Coffee/Tea station
- Multiple Dining Areas & Kitchens

## Accommodations

### All Suites Feature

- Exterior views
- Nearly all suites can be configured with your choice of one queen or two twin beds.
- Sitting area with sofa and/or side chairs
- Flat Screen TV
- Telephone
- En-suite temperature controls
- Mini-Bar
- Bathroom with fine toiletries
- Hair dryer



### Owner's Suite

30.8 m2, 331 sq. ft. (including a 5.4 m2, 58 sq. ft. balcony with sliding-glass door).  
Soaking Bathtub w/ shower-head, and sitting area with full size sofa.



**Veranda Stateroom**

20.1 m2, 225 sq. ft. (including a 3.6 m2 / 39 sq. ft. veranda with sliding-glass door).



**Window Stateroom**

17.5 m2, 188 sq. ft.



**Porthole Stateroom**

17.5 m2, 188 sq. ft.



**Standard Triple Stateroom**

17.5 m2, 188 sq. ft. Can be configured as either three singles or one queen and one single.



**Family Triple Stateroom**

18.6 m2, 200 sq. ft. 1 queen bed and a single Murphy-bed.

Hotel Partners In Ushuaia



ARAKUR  
USHUAIA  
RESORT & SPA

## A member of the Leading Hotels of the World

All of Polar Latitudes' Ushuaia departures begin with a two-night stay at the Arakur Resort and Spa. Having two nights eliminates the stress of flight delays and missed connections and gives you plenty of time to enjoy the resort, explore the reserve or head in to town for a little shopping. Located on a beautiful ridge inside Cerro Alarkén Nature Reserve, Arakur offers breathtaking views and sophisticated décor.







A network of hiking trails begins at the hotel and wends its way through beautiful forest, prairie and mountain settings, while state of the art spa & exercise facilities offer guests a plethora of pleasant activities.

The Lobby Piano Bar features splendid views and an assortment of tasty local treats to accompany your cocktails. The Resort's "La Cravia" restaurant offers both Argentine and international cuisine. Typical dinner entrees include Argentine barbecue, spider crab, lamb and black hake.



In the morning enjoy a complimentary buffet breakfast before your afternoon departure. Relax at the resort, or head into Ushuaia for some pre-embarkation shopping.

## Celebrating Antarctica

Feb 6–18, 2025 (13 days / 10 nights on board)

Available Activities: Camping, Discover Kayaking, and Immersive Kayaking

	<b>TRIPLE</b> (DECK 4)	<b>PORHOLE</b> (DECK 3)	<b>WINDOW</b> (DECK 4/5)	<b>VERANDA</b> (DECK 6)	<b>OWNER'S SUITE</b> (DECK 7)
RETAIL RATE	\$12,645	\$14,545	\$16,295	\$18,735	\$26,235
<b>15% EARLY BOOKING DISCOUNT</b>	<b>\$10,750</b>	<b>\$12,365</b>	<b>\$13,850</b>	<b>\$15,925</b>	<b>\$22,300</b>

### Rates & Dates Details

Voyage Dates Include Two Hotel Nights Prior To Embarkation

All prices are per-person, based on twin occupancy (except in Triple cabins), and are quoted and must be paid in USD.

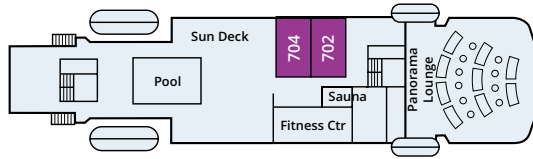
A limited number of twin cabins may be sold for single occupancy at 1.7 times the twin rate.

Share cabins are available in: Triple, Porthole, Window | **Please note:** only Triple cabins can accommodate 3 guests.

For Complete Terms & Conditions [click here](#)

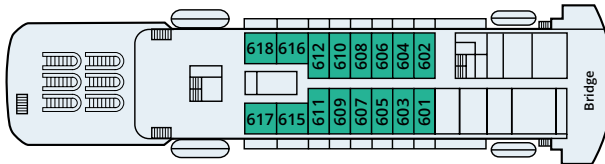
# MS Seaventure Deck Plan

## DECK 7 OWNER'S SUITES



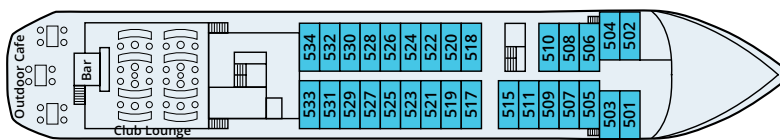
- OWNER'S SUITES 331 SQ. FT. (30.8 M<sup>2</sup>)  
INCLUDING A 58 SQ. FT. (5.4 M<sup>2</sup>) BALCONY  
*Suites with sitting area and private balcony*

## DECK 6 VERANDA STATEROOMS



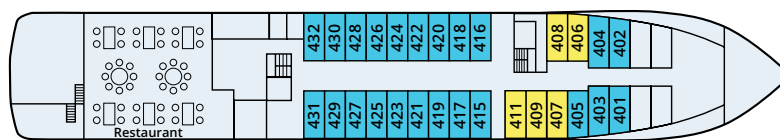
- VERANDA STATEROOMS 224 SQ. FT. (20.8 M<sup>2</sup>)  
INCLUDING A MIN. 39 SQ. FT. (3.6 M<sup>2</sup>) BALCONY  
*Staterooms with sitting area and private balcony*

## DECK 5 WINDOW STATEROOMS



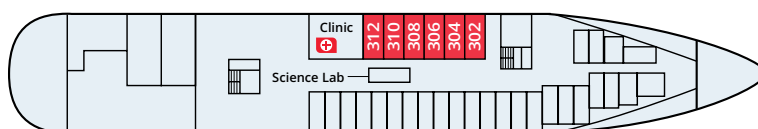
- WINDOW STATEROOMS 188 SQ. FT. (17.5 M<sup>2</sup>)  
*Staterooms with windows and sitting area*

## DECK 4 WINDOW/TRIPLE STATEROOMS



- TRIPLE STATEROOMS 188 SQ. FT. (17.5 M<sup>2</sup>)  
*Staterooms with extra single bed and sitting area  
Family Triples (409 & 411) have one queen and one single*

## DECK 3 PORTHOLE STATEROOMS



- PORTHOLE STATEROOMS 188 SQ. FT. (17.5 M<sup>2</sup>)  
*Staterooms with portholes and sitting area*

## Ship Specifications

Year built: **1990**  
 Flag: **Cyprus**  
 Builder: **Mitsubishi Heavy Industries**  
 Class: **DNV-GL**

Ice Rating: **E4/ICE - 1A**  
 Length (LOA): **111 m / 364 ft**  
 Beam (width): **17 m / 56 ft**  
 Maximum Passengers: **155**



Adventures with Insight  
PO Box 1366  
Sausalito, CA 94966

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Website: [www.cattara.com](http://www.cattara.com)

*Information in this brochure was last updated May 25th, 2023.*

**WE ARE ALL EXPLORERS**