



## India Wildlife Safari

February 15 - March 1, 2026 (15 days)

Central India abounds with a number of extraordinary wildlife preserves set aside as national parks. Bandhavgarh, Pench, Kanha, and Satpura are all home to exotic wildlife—including the regal tiger, leopard, Indian bison, chital, and more. Join Trip Leader Cathy Ann Taylor and discover the amazing realm of India’s wildlife on game viewing outings by 4X4 vehicle, nature walks, and boat safaris. We’ll explore Bandhavgarh, home to free-roaming Royal Bengal tigers (it was established as a tiger reserve in 1993); Kanha, thought to be the inspiration of Kipling’s *Jungle Book*; Pench, another huge tiger reserve with leopards, sloth bears, and wild dogs; and the birdwatcher’s paradise of Satpura, which also boasts a large population of crocodiles! Our overnights in comfortable jungle lodges are with the family whose heritage dates back three generations in tiger conservation. Kailash Sankhala, the focus of a documentary by the Discovery Channel, was the founder director of Project Tiger, under which the inceptions of the Project Tiger Reserves in India took place. His grandchildren run and manage Bandhavgarh Jungle Lodge, Kanha Jungle Lodge, and Jamtara Wilderness Camp, three of the four lodgings we use. At Jamtara, we’ll have the opportunity to overnight in “machaans” (beds on raised platforms) and at Satpura National Park we stay at Reni Pani Jungle Lodge, an exquisitely designed conservation and wildlife focused lodge. The lodge is located in a pristine forest typical of the Satpura landscape with wildlife visiting the lodge grounds.

## TRIP DETAILS

Easy to moderate ▶ Game viewing by vehicle, boat, and nature walks.

## ITINERARY

(You will likely need to leave the U.S. on February 13 or 14 in order to arrive in Delhi on February 15.)

### Day 1, February 15 ▶ Arrive in Delhi

Arrive in Delhi, India. After clearing customs and immigration, you will be met and transferred to your hotel. The capital of India, Delhi offers a glimpse of both ancient and modern-day India. It is the third largest city in India and one of the fastest growing in Asia. The city is rich in culture, always changing with time but never hiding its splendid past. The various ancient ruins seen in the city are silent witnesses to its magnificent history. Overnight Andaz, Delhi by Hyatt.

Andaz, Delhi by Hyatt

### Day 2, February 16 ▶ Delhi / Jabalpur / Bandhavgarh

After breakfast, we transfer to Delhi airport for our flight to Jabalpur departing at 10:10 a.m. We arrive in Bandhavgarh at 11:35 a.m. and drive approximately 4 hours to Bandhavgarh National Park, set among the Vindhya Hills in Madhya Pradesh. **(Note: Flight timings are subject to change.)** Bandhavgarh is 168 square miles of sal and a mixed forest of bamboo, grassland, and deciduous forests. There are at least 150 species of birds in the park, along with other mammals such as tigers, sloth bear, langur monkeys, wild boar, mongoose, three kinds of deer—chital, sambar, and barking. Upon arrival in Bandhavgarh, we'll check into Bandhavgarh Jungle Lodge. The lodge was developed along the theme of an Indian village to provide a friendly, informal, and relaxed environment. Many fruit trees and bushes have been planted around the lodge to attract a variety of butterflies, birds, and insects. And since the jungle lodge is located close to the park's entrance gate, you'll be able to listen to the sounds of the jungle right from your room! Spotted deer and the langur monkey can often be seen in and around the lodge. At night you can often hear the alarm calls of deer, which alerts you to a tiger or leopard on the prowl! Welcome dinner and overnight at the lodge, located within walking distance of the park's main gate.

B,L,D...Bandhavgarh Jungle Lodge



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### Day 3, February 17 ▶ Bandhavgarh National Park

Each morning in Bandhavgarh you'll awake to misty mornings and the sounds of birds—a truly exciting start to the day. As soon as dawn breaks, we leave for our jungle safari in 4WD vehicles, accompanied by a resident naturalist and forest park guides. (Note—In the winter months, morning safaris require warm clothes and woolen caps and gloves to keep you warm from the wind chill factor in your open jeep. We provide blankets and even a hot water bottle to keep you comfortable.) After lunch there is an afternoon safari by 4x4 jeep accompanied by a resident naturalist and forest guide. At the end of the day, we return to the lodge for evening tea and the rest of the time to relax. B,L,D...Bandhavgarh Jungle Lodge



### Day 4, February 18 ▶ Bandhavgarh National Park

We enjoy a morning 4x4 jeep safari. Since it's a Wednesday, the park closes in the afternoon. As an alternate we will provide one of the following activities below:

#### Nature Walks

The national park is barely 650 feet away from the camp gate, so wildlife is abundant around the camp as well. Join one of the naturalists on a nature walk to learn not only about mammals and birds, but the microorganisms that keep the ecosystem going.

#### Bird Watching

Bandhavgarh is home to an incredible variety of avifauna and the blue skies of the region reverberate with an amazing variety—over 200 species of birds and 80 varieties of butterflies. The professionals at Bandhavgarh Jungle Lodge ensure that birding enthusiasts spot most birds on the checklist, including rare migratory birds, depending on the season.

#### Village Walks

Given the Sankhala family's commitment toward the local tribes, village walks are an enriching experience. The thatched roofs, mud- and cow dung-plastered walls, and the folk motifs point to the simple architecture of these homes. Enjoy a local meal to experience the warmth of the people.

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Your host, Tarun, balances his passion for nature with his entrepreneurial spirit, and he has 20 years of experience in wildlife tourism. As the Manager of Kanha Jungle Lodge, he is responsible for ensuring your stay is as comfortable and memorable as possible. He goes the extra mile by not only taking care of your logistical needs but takes pleasure in accompanying you on park safaris. He has an encyclopedic knowledge, with a particular interest in tigers and birding. With wildlife in his blood, it is no surprise that his own family represents a manifestation of his love for the natural kingdom. Jai, Tarun's son, was born and raised at Kanha Jungle Lodge, receiving an education in warning calls, tracking skills, and how to identify the abundant flora and fauna that no classroom in the world could teach. Kanha's real-life Mowgli is truly at home in a wildlife park. Dimple, the lady of the lodge, is a self-taught naturalist known for her never-ending interest in learning new things. And whatever Dimple learns, she loves to share with her guests. The first person to publish a book on Kanha wildflowers continues to research and document information on common butterflies in the area. When she isn't taking you on bird and butterfly strolls, she is showing you the wonders of the stars through her telescope, teaching you how to savor the flavors of Indian cooking.

Our evening will be spent orienting ourselves with the national park. We will look at some maps, understand what is a buffer area and core area, and get a good understanding of the areas where we will do our safaris. A focus in this park is to also study the return of the barasingha, a swamp deer that almost went extinct but has been brought back by a successful breeding program inside the national park. Dinner and overnight at Kanha Jungle Lodge.  
B,L,D...Kanha Jungle Lodge

### **Day 6, February 20 ▶ Kanha National Park**

As dawn breaks, we leave for our jungle jeep safari. We'll enjoy a picnic breakfast in the middle of the jungle. The remainder of the morning is at leisure, or you can go for a nature walk, visit the nearby village/school, or join in a cooking demonstration. There are opportunities to in engage in

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many activities at the camp, whether you want to learn to tie a sari, learn to cook Indian food, or just go on a dragonfly/butterfly walk. We'll go on another safari in the afternoon. Amit, whose family owns three of the four jungle lodges we will be visiting on this wildlife trip, will introduce a documentary 'Tiger Land' which premiered at the Sundance Film Festival. It showcases Kailash Sankhala, Amit's grandfather who was passionate about saving the tiger & was the founder of Project Tiger.

B,L,D each day...Kanha Jungle Lodge



### **Days 7, February 21 ▶ Kanha National Park**

You will wake up to misty mornings and sounds of bird calls, making for an exciting start to your day. As dawn breaks, leave for your Jungle Safari, accompanied by a resident naturalist and forest park guides in 4x 4 Jeeps. There will be a picnic breakfast in the middle of the Jungle with a cup of hot Tea or Coffee. In the afternoon we can do a buffer area walk in the forest alongside the river Banjar which adjoins the lodge. The walks are aimed at exploring the forest up close. The distance for these walks can be customized to your requirements but typically lasts for a couple of hours. Enjoy an evening sundowner in a picturesque location.

B,L,D each day...Kanha Jungle Lodge

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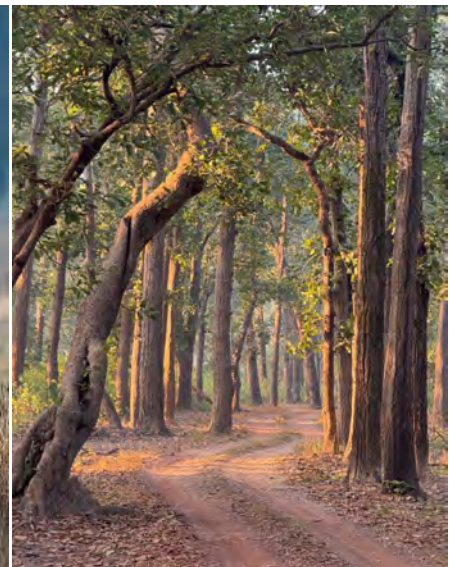




**Day 8, February 22 ▶ Kanha National Park**

After an early morning wake-up call with Tea/Coffee you leave for your Jungle Safari, accompanied by a resident naturalist and forest park guides in 4x 4 Jeeps. Enjoy a picnic breakfast in the middle of the Jungle with a cup of hot Tea or Coffee. The rest of the morning is at your leisure. Activities include a nature walk, a visit to a nearby village/school or engage yourself in cooking demonstration. There are opportunities in engage in many activities at the camp, weather you want to learn to tie a Sari, learn to cook Indian food or just go on a Dragonfly/Butterfly Walk. After lunch there is an afternoon 4x4 open jeep safari.

B,L,D...Kanha Jungle Lodge



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### **Day 9, February 23 ▶ Kanha / Pench National Park**

After breakfast we drive to Pench National Park (approx. 4 hours). Located in the central Indian state of Madhya Pradesh, Pench is the 19<sup>th</sup> Project Tiger Reserve and has been one of the best-kept secrets among wildlife enthusiasts who have long been acquainted with and bedazzled by its immensely varied flora and fauna. The park is dominated by an open canopy of mixed forest, predominantly teak, with open grassy patches, and its undulating terrain boasts the highest density of herbivores in any Indian park. The diversity of wildlife includes leopard, tiger, jungle cat, dhole (wild dog), sloth bear, wild boar, mongoose, gaur, and the highest density of herbivores including cheetal (spotted deer) and sambar.

Our accommodation in Pench is at Jamtara Wilderness Camp, located in the village of Jamtara, near Pench National Park. This luxury tented property is surrounded by tall arjuna trees and an ancient banyan rooted on a dry riverbed. Each of the 10 tented rooms overlooks the forest, and is designed to feel light and open, allowing you the optimum view of nature. With the option of rolling up the front panels of the tent, you can bring the outside in but still be in the privacy of your own room. Although these are tented rooms, the bathroom is a permanent structure for your comfort; you also have the option of sleeping outside on the patio. Mosquito netting keeps the bugs away, and quilts and hot water bottles keep you warm. A “Machaan” night can be booked, which generates revenue for the local farmers. For generations, the villagers have spent their nights in the fields on machaans (beds on raised platforms), to keep a watchful eye on the animals eating their crops. The forest takes on a different life of its own under the night sky. Sleeping in the fields with the stars overhead and being witness to the live orchestra of crickets, owls, frogs, jackals, ceremoniously punctuated by the alarm calls of the spotted deer, makes you aware of the predator’s presence. It is wilderness in its purest form. A portion of the night’s rate is paid to the farmer.

B,L,D... Jamtara Wilderness Camp

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**Day 10, February 24 ▶ Pench National Park**

Enjoy an early morning and afternoon safari in Pench National Park organized in 4x4 open jeeps. Local guides and naturalists will be at hand to enhance the experience. A picnic breakfast will be provided in the middle of the Jungle with Tea or Coffee.  
B,L,D...Jamtara Wilderness Camp



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**Day 11, February 25 ▶ Pench National Park**

After an early morning jeep safari, we visit a local school to gain insight into the local education system, before returning to camp for lunch. Local guides and naturalists are at hand to enhance the experience. Due to the Wednesday afternoon park closure for safaris, alternate arrangements have been made which include a 3-4 hour nature & village or Buffer Walk around Jamtara. A local guide from the village will be at hand to enhance the experience. It's an easy walk as we stop for pictures, speak to villagers, visit local temples, and admire some outstanding vernacular architecture. Photo opportunities are plentiful identifying trees and birds along the way.

B,L,D each day...Jamtara Wilderness Camp



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### Day 12, February 26 ▶ Pench / Satpura

After a morning safari and breakfast, we drive to Satpura National Park (5 hours). Satpura National Park is located in south Hoshangabad district in Madhya Pradesh. The 335,360-acre park is the core area of the Panchmarchi Biosphere Reserve that includes Bori Wildlife Sanctuary to its southwest and Panchmarhi Wildlife Sanctuary to its northeast. The park has an elevation of 1,000-4,400 feet with tall sandstone mountains, narrow gorges, ravines, waterfalls, streams, and dense forests near the Mahadev hills in the Panchmarhi plateau. The area has two unique species of trees—sal and teak—besides ferns, mango trees, butterflies, and birds. Overnight at Reni Pani Jungle Lodge, an exquisitely designed conservation and wildlife-focused lodge located close to the Satpura National Park. The lodge is located in a pristine forest typical of the Satpura landscape with a lot of wildlife visiting the lodge grounds. This includes spotted deer, wild pig, langur monkeys, rhesus macaque, jungle cat, palm civet, and occasionally predators like wild dog, leopard, and sloth bear. The lodge engages with the local community and has adopted the neighboring village's primary school. Satpura offers visitors an opportunity to explore the landscape in several ways including game drives, night game drives, walking safaris, and canoe/boat safaris. In the morning, we go game viewing in a 4X4 jeep. Although Satpura is a tiger reserve, it is better known for sightings of sloth bear, leopard, sambar deer, nilgai, gaur, four-horned antelope, muntjac, Indian giant squirrel and Indian wild dogs. We will see other smaller aspects of the forest like tracks and signs, flora, butterflies, wildflowers, and insects, we can also expect to see in a wide array of central Indian birds including black-naped orioles, malabar pied hornbills, crested hawk eagles, grey-headed fish eagles, and many more. We'll do an evening boat safari in Satpura National Park to enjoy bird life, crocodiles and the landscape.

B,L,D...Reni Pani Jungle Lodge

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**Day 13, February 27 ▶ Satpura National Park**

After an early breakfast, we'll do game viewing in a 4X4 jeep. After lunch at Reni Pani Lodge an afternoon game drive by 4x4 jeep may reveal more wildlife—the forest's true wilderness and limited exposure to human pressure have enabled it to host some rare Indian fauna including the hyena, the flying squirrel, and the porcupine. Satpura is also a birdwatcher's paradise. Poolside farewell dinner. B,L,D...Reni Pani Jungle Lodge



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#### **Day 14, February 28 ▶ Satpura – Bhopal – Delhi**

Enjoy an optional short nature walk in the morning near the lodge. After breakfast transfer to Bhopal (approx. 4 hours) for the flight to Delhi. En-route visit the Bhimbetka shelter caves. The Bhimbetka caves are a complex of over 750 natural rock shelters considered one of the most significant prehistoric archaeological sites in South Asia, renowned for their ancient cave paintings depicting human and animal figures from the Paleolithic and Mesolithic periods, offering a glimpse into early human life in the region; these paintings are considered some of the earliest evidence of art in the subcontinent and are designated as a UNESCO World Heritage Site. After visiting the caves, continue your drive to Bhopal. On arrival enjoy lunch at the Jehan Numa Retreat. After lunch transfer to Bhopal airport for the flight to Delhi. Enjoy a final dinner at the Andaz. If you schedule your departing flights on day 14 February 28, please make sure your flight leaves no earlier than 10:30 p.m. or 11:00 p.m.

B,L,D...Andaz Delhi, by Hyatt

#### **Day 15, March 1 ▶ Delhi**

Transfer to the Delhi international airport and depart on homeward-bound flights.

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### LAND COST

\$11,895 (11-14 members)

\$12,095 (10 members)

\$12,395 (7-9 members)

\$12,695 per person (6 members)

\$2395 single supplement

Rates quoted are per person, based on sharing double accommodation.

\*Should you choose to pay with credit card there will be a service charge of 3.5%, the fee we incur from the bank.

Note—Prices listed are subject to change. We are occasionally faced with unavoidable cost increases due to fuel increases, costs of services or currency fluctuations that we cannot absorb. We will, however, do everything we can to keep prices the same as published.

### LAND COST INCLUDES...

- Expert leadership
- Local English-speaking naturalist guides
- Accommodation in hotels and jungle lodges
- Meals as noted (B=Breakfast, L=Lunch, D=Dinner)
- Ground transportation
- Entrance fees



- Tips for local guides, resident naturalists, park guides, porters, drivers, restaurants, and staff at lodges
- Internal flights
- Airport transfers on Days 1 and 15

**LAND COST DOES NOT INCLUDE...**

International airfare from your hometown to Delhi, India, and return; meals not noted on the itinerary; individual transfers for early arrivals or late departures; trip insurance (we urge you purchase trip insurance to include trip cancellation; optional tipping to leader, excess baggage charges; airport taxes (if any); visas; cost of medical immunizations; and items of a personal nature (sodas, alcoholic beverages, laundry, etc.).

**TRIP PAYMENT SCHEDULE**

At time of reservation .....25% of land cost  
 120 days prior to departure .....25% of land cost  
 90 days prior to departure.....Balance

**CANCELLATION FEE SCHEDULE**

From time of reservation  
 until 90 days prior to departure.....25% of land cost  
 89-60 days prior to departure.....50% of land cost  
 59 days or fewer prior to departure.....100% of land cost

**EXPERT LEADERSHIP**

Expert leadership is the key to every successful trip. Cattara attracts knowledgeable and gifted leaders who are passionate about guiding trips and truly enjoy sharing the experience with others. They understand the cultures and traditions they work in and are a fountain of information. In addition to making sure everything runs smoothly and safely, Cattara guides enhance your experience by being educators, companions, and the best of friends.

**TRIP LEADER**



**Cathy Ann Taylor**, a high-altitude trekking & cultural guide for the last 35 years will be leading this trip. Cathy Ann has trekked all over Nepal, Tibet, India, and Bhutan, with well over 200 trips in the Himalayas (she still considers the Himalayas her “second home”)! She has also hiked extensively in the European Alps (Tour du Mont Blanc—six times, Tour of Monte Rosa, The Haute Route, Gran Paradiso, Scotland—three times, and the Dolomites—three times), the Georgian Caucasus—seven times, South America (20 trips in Peru, 7 in Patagonia), Antarctica— three times, Kilimanjaro—one time, Morocco—four times, The Great Walk of Africa Kenya—four times, Vietnam—three times, Laos—two times, Cambodia—six times, and Uganda & Rwanda—nine times. A devout hiker and mountain biker, she leaves no trail undiscovered, and her passion for the

mountains, caring nature, and boundless energy are renowned. Her experience, knowledge, positive attitude (she can find the good in anything!), and her wonderful rapport with the local staff will enhance your experience. With the help of caring and like-minded individuals she has been able to manage the sponsorship of nineteen remote village children, all of whom are in boarding school in Nepal or in universities in India, Nepal, and the United States. She consistently gets rave reviews from members of her groups and has quite a following. Cathy Ann is active in the Breast Cancer Prevention Partners and has participated in sixteen expeditions, including Mount McKinley, Mount Cho Oyu, Mount Fuji, Mount Shasta, and Mount Rainier, which helped increase awareness of breast cancer. Cat's special trekking program, Sacred Treks, benefits Breast Cancer Prevention Partners. Past trips include Bhutan, Mont Blanc, Peru, Everest, Ladakh, Mustang, Georgian Caucasus, Sikkim, Dolomites, Cordillera Blanca, and Annapurna Sanctuary treks (she has raised \$1.65M to date!). Cathy Ann has also been active in the American Himalayan Foundation and has helped raised \$35,000 for their STOP Girl Trafficking project. She has also raised over \$25,000 for Lama Pasang's Himalayan Children's Care Home which houses 87 children from Mustang, Nepal. Cathy Ann is also involved in fundraising for the National MS Society and has raised over \$80,000 for the organization. She has also reached the summits of Ama Dablam (22,500') and Island Peak (20,305') in Nepal and Argentina's Aconcagua (22,834'), the highest peak in South America. Cathy Ann received an honorable mention in *Hooked on the Outdoors* magazine's Outdoor Person of the Year Awards and also received a letter of recognition for her fundraising and environmental work from former Speaker of the House, Nancy Pelosi.

## PHYSICAL EXPECTATIONS

To fully enjoy the trip, you should be in good physical condition. This trip is rated easy to moderate and will involve some nature walks, and outings in 4WD vehicles.

## TRAVEL DOCUMENTS

In addition to a passport, valid for at least six months beyond the date of completion of the trip, you will need a visa for India. Visas cannot be obtained upon arrival at the airport, so you will need to get one in advance. You can contact your local Indian consulate for information or use the services of a visa agency. We recommend CIBT: <http://cibtvisas.com> or <https://indianvisaonline.gov.in/visa/>. Both sites have detailed information on obtaining visas and the correct forms. We recommend making a photocopy of the photo page of your passport and carrying it separately from your passport. If your passport is lost or stolen, a photocopy will help the local consulate speed up authorization for replacement. Also bring several spare passport photos—they're handy in case of unexpected visa or permit requirements.

Note—Most countries requiring visas require a completely blank page on which to stamp the visa, so your passport should contain at least one blank page for each country you plan to visit.

## AIR TRAVEL

Airfare is not included in the land cost of the trip. For air reservations, please contact the airlines directly, either by phone or via the Internet. Plan your arrival in Delhi by the afternoon or evening of Day 1. Many travelers elect to use their "frequent flyer" miles when traveling, but please check



with us before purchasing or obtaining your tickets. We need to verify your arrival and departure schedule and ensure we have enough participants to operate the trip. Note—Names on air tickets and passports must match!

## MEDICAL MATTERS

No vaccinations are currently required to enter India, but immunizations for typhoid, tetanus, hepatitis A, and polio are *recommended*. These regulations and recommendations change frequently, so please check with your local health department or CDC for more information ([www.cdc.gov](http://www.cdc.gov)).

Please advise us of any pre-existing medical conditions that may affect your health on the trip (recent injuries or surgeries, chronic illnesses, etc.). We recommend you bring your own personal first-aid kit, pain killers, and allergy medicines if you are prone to allergic reactions (especially epipens if you are allergic to bee stings). Moleskin or Second Skin for blisters is also recommended, as well as Band-Aids and antibiotic ointment. Consult your doctor about bringing other medications, such as antibiotics like Cipro. The trip leader will also carry a basic kit for emergencies but will not have any prescription medications.

## MONEY MATTERS

You should bring enough money for any souvenirs you may buy, plus a few items like aperitifs, extra beverages, and the like (most of your meals are included in the cost of the trip). Depending on how much of a shopper you are, ~\$500 should be plenty for incidentals and souvenirs. At least US \$700 per guest is recommended as a tip for the trip leader. You can present your gratuities to your trip leader individually.

The currency in India is the *Rupee* (approximately 84 rupees to the dollar). You will want to check the current rate of exchange just before traveling when planning how much cash to bring with you. Major credit cards such as Visa, MasterCard, and American Express are accepted at most shops and hotels.

## WEATHER & CLIMATE

The best time to visit India is during its cool dry season from December through March. Mornings can be chilly in the parks, and temperatures can range from high 40's° to 50's° up to 75° during the day. Layering is essential! Don't underestimate how chilly India is in winter.

## INCIDENTALS

**Laundry:** Laundry service is available at all lodges. Synthetic fabrics are the easiest to wash, and they dry quickly.

**Electricity:** India is on the 220V system. Sockets are usually the round two- or three-pin variety, but they vary. If you are planning to use something like a hairdryer or electric shaver at the hotel, bring a converter and a selection of plug adapters (you can buy these in drugstores or travel specialty stores in the U.S.). Power outages are common.

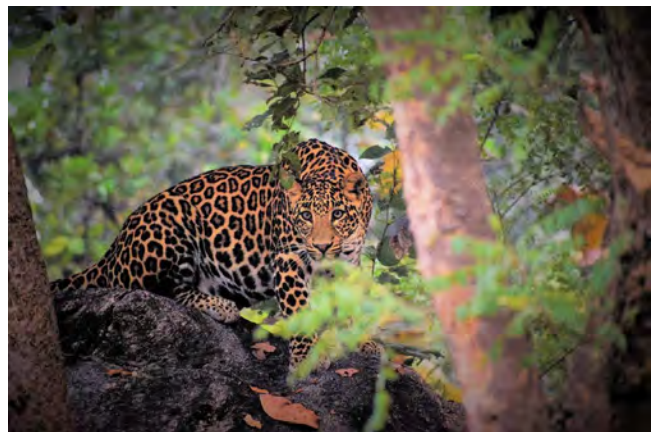
**Time Zones:** India is Greenwich Mean Time plus six hours. That means if it's 8:00 pm in Delhi, it's 9:00 am in New York and 6:00 am in California.

**Environmental Responsibility:** We ask you to carry out whatever you carry in, including non-biodegradable items such as batteries, flashlight bulbs, empty plastic containers, and so on. India does not have the proper facilities to process this kind of waste and your throwaways will end up in the river or tossed down a hillside. Please pack Ziploc bags for your own personal garbage.

**Communications:** While we discourage the use of cell phones on our trip, we can't deny the fact that you may want to be in touch with your friends or family. Please be sensitive to the needs of others and use them in the privacy of your room. The international dialing code for India is 91. Contact your cell phone service about international coverage. All our lodges have internet access in common areas.

## SHOPPING

India is a fun place to shop—street vendors and emporiums are everywhere you look. Craft items to buy include beautiful hand-woven Kashmiri carpets, traditional brass cooking vessels, semi-precious gemstones, silks, and jewelry.



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## WHAT TO BRING: CLOTHING & EQUIPMENT LIST

### *Packing Notes*

It's best to go as light as possible and take only the essentials. Excess baggage can be a burden, not only to you but to support personnel.

Always bring all irreplaceable items, such as camera, medications, important documentation, and hiking shoes in your carry-on luggage.

### *Luggage*

- Duffel bag, large enough to hold all your clothes and gear. It should have a full-length zipper (for easy access) and can be a wheeled suitcase or duffel.
- Daypack with a capacity of about 25 – 30 liters, with a good, padded waist belt. It can double as your carryon bag.\*
- Spare roll-up duffel (optional). This is essential if you wish to bring home those great souvenirs! It should be lockable.

### *Clothing Notes*

We suggest men and women dress in comfortable, loose-fitting long pants. It is culturally insensitive to wear skin-tight pants or skimpy shorts and tops—please do not go bare-chested or show any signs of nudity.

We haven't included quantities for each item listed. Use your own judgment, based on the expected weather conditions, your personal needs, and the overall weight restrictions for your luggage.

### Underwear

- Regular underwear. Synthetics are easier to wash and dry.
- Lightweight long underwear or pajamas for sleeping.

### Socks

- Casual socks (synthetic for easy washing and drying) that are suitable for your walking (not hiking) shoes.
- Lightweight hiking socks (synthetic or wool/synthetic).

### Shirts

- Long-sleeved, synthetic, or wool shirt.
- Short-sleeved synthetic T-shirts.
- Shirts for non-hiking activities.

### Pants

- Full-length synthetic hiking pants or synthetic sweatpants.
- Casual pants for non-hiking activities.

### Outerwear

- Fleece jacket or mid – weight down jacket (mornings can be chilly).
- Lightweight rain/wind shell.
- Warm gloves for chilly mornings.

### Head Gear

- Sun hat with wide brim, preferably with a chin strap to keep it from blowing off, or baseball cap.
- Warm hat for chilly mornings (especially while in open air safari jeeps).
- BUFF for chilly mornings (while in open air safari jeeps) – **Cattara provides** one.
- Bandana. A generally useful item—it will keep your neck from getting sunburned and can double as a hand towel in the field.

### Footwear

- Comfortable, sturdy walking shoes or hiking shoes for nature walks/hikes.
- Slip on clogs or tennis shoes for around the lodges, something casual and comfortable.

### Other Items

- Water bottle, 1- or 1.5-quart capacity. Make sure they are leak-proof – Some of the lodges provide one.
- Toiletry kit, the lodges provide soap, shampoo, and conditioner.
- Purell hand sanitizer for quick hand washing and hygiene (a must!).
- Personal medical kit, including blister protection.
- Ace bandage or brace if you're prone to sore knees or ankles.
- Sunglasses (100% UVA/UVB protected).



- Spare pair of prescription glasses, prescription sunglasses, or contact lenses.
- Sunscreen lotion and lipstick of SPF 25 or higher.
- Camera and plenty of memory cards, extra batteries.
- Binoculars
- Small padlocks or combination locks for your duffels.

*Optional Travel Accessories*

- Repair kit with needle, thread, and safety pins.
- Powdered electrolyte mixes for your water.
- Your favorite trail snacks or supplements, especially if you have dietary restrictions.
- Reading and writing material.
- Swimsuit (optional). The hotel in Delhi has a swimming pool as do two of the lodges.

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